


Tram House Five Year Mental Health Strategy

Year 1 (Jan 22- Dec 22)		Year 2 (Jan 23- Dec 23)		Year 3 (Jan 24- Dec 24)	
<ul style="list-style-type: none"> Plan step-by step support for staff who have been involved in a behavioural incident . Have a designated time to discuss mental health at work. Increase methods of engagement and resources for parents and with parents. Increase the number of MHFA trained staff. Raise more awareness of how people can approach the team. Have a separate portal 	<ul style="list-style-type: none"> Pupils to have a range strategies and toolbox individualised to their individual needs. Resources developed for learning for life pathway pupils so they can express their feelings and emotions. Engaging with action plan from feedback gained from verification. 	<ul style="list-style-type: none"> MHFA to build links with other MHFA from other schools MHFA run mental health groups supporting tutors and parents Gather evidence/ portfolio to support re-verification in Year 3 Experienced MHFA acting as mentors for newly trained MHFA Develop the role of supervision within the MHFA team. 	<ul style="list-style-type: none"> Range of resources and devised for key risk factors for pupils. Resources used by wider team of stakeholders i.e. pupils, teaching staff and parents. Aim to have at least one trained pupil mental health champion in each class. 	<ul style="list-style-type: none"> Start a mental health forum with other schools– staff focus. Carry out further evaluation work gathering feedback from all stakeholders. Apply for re-verification and successfully complete the verification process. 	<ul style="list-style-type: none"> Review in-house training for staff to best reflect the training needs to support our pupils with their mental health and wellbeing. Start a mental health forum with other schools– Pupil focus.
<h3>Year 4 (Jan 25- Dec 25)</h3> <ul style="list-style-type: none"> Aim to have at least one trained MHFA per class Embed the new action plan (Jan 2024) from the verification process. Prepare training packages for staff, pupils and parents to deliver in-house and to external partners. 			<h3>Year 5 (Jan 26- Dec 26)</h3> <ul style="list-style-type: none"> Tram House Staff are using their expertise to offer training for similar external settings. Pupils, staff and parents have a range of resources available to them to support their own resilience with their own mental health and wellbeing. Prepare for next verification cycle. 